

Coulee Region Hunger 5K Walk/Run/Bike Pledge Sheet
“We walk with our neighbors to end hunger”



In-Person: Sunday, October 10, 2021 1:30 p.m. at Main Shelter, Myrick Park

Virtual: October 3-10, 2021 (You can participate in-person & virtually)

Make donations online. Submit your individual/team name & register at couleeregionhungerwalk.org

30% Hunger Task Force 30% WAFER Food Pantry 40% to _____

Food Agencies: Bethel Butikk, Bread for the World, Catholic Charities, Catholic Relief Services, Church World Services, Couleecap, ELCA World Hunger, Holmen Area Food Pantry, La Crescent Food Shelf La Crescent Lunch Wagon, La Crosse Warming Center, Lutheran World Relief, Onalaska/Holmen Food Basket, Place of Grace, Salvation Army Food Pantry, School District of Onalaska, School District of La Crosse, UWL Food Pantry, Viterbo Food Pantry, WTC Food Pantry, West Salem Area Community Care and Share

Participant Name _____ Phone _____

Email _____

Team Name (if applicable) _____

Donor's Name **Donation Amount**

1. _____
2. _____
3. _____
4. _____

We walk to raise money for people who are going hungry so we ask for a minimum of \$20 in pledges.

Total checks and cash

Statement of Consent (In-person): I understand the risks involved in participating in the Coulee Region Hunger Walk/Run/Bike and willingly accept these risks. I attest that I am physically fit and prepared for this event. I grant permission for the organizers to use photographs and images and quotations from me in accounts and promotions of the Coulee Region Hunger Walk/Run/Bike.

Signature _____
Parent or guardian signature if under 18 years of age

Questions? Call 608.385.5422 or email couleeregionhungerwalk@gmail.com