

Coulee Region Hunger 5K Walk/Run Pledge Sheet

“We walk with our neighbors to end hunger”



In-Person: Sunday, October 9, 2022 1:30 p.m. at the Main Shelter in Myrick Park
Virtual: October 2 – 9, 2022 (other options like biking could be done during this time)

Go to couleeregionhungerwalk.org to submit a team name, register, donate, and to get more information.

Choose 50% to: _____ 25% to The Hunger Task Force 25% to WAFER Food Pantry

Food Agencies: Bethel Butikk, Bread for the World, Catholic Charities, Catholic Relief Services, Church World Services, Couleecap, ELCA World Hunger, Holmen Area Food Pantry, La Crescent Food Shelf, La Crescent Lunch Wagon, La Crosse Warming Center, Lutheran World Relief, Onalaska/Holmen Food Basket, Place of Grace, Salvation Army Food Pantry, School District of Onalaska, School District of La Crosse, UWL Food Pantry, Viterbo Food Pantry, WTC Food Pantry, West Salem Area Community Care and Share

Participant Name _____ Phone _____

Email _____

Team Name (if applicable) _____

Donor's Name

Donation Amount

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

We walk to raise money for people who are going hungry
so we ask for a minimum of \$20 to register.

Total checks and cash: \$ _____
(checks made payable to: Coulee Region Hunger Walk)

Statement of Consent (In-person): I understand the risks involved in participating in the Coulee Region Hunger Walk/Run and willingly accept these risks. I attest that I am physically fit and prepared for this event. I grant permission for the organizers to use photographs and images and quotations from me in accounts and promotions of the Coulee Region Hunger Walk/Run.

Signature _____
Parent or guardian signature if under 18 years of age

Questions? Call: 608.385.5422 or email: couleeregionhungerwalk@gmail.com